	PERS	PERSONAL CARE			DATE			
		MONDAY	TUESDAY	WED	THURSDAY	FRIDAY	SAT	SUNDAY
Brush Teeth	BRUSH THEETH							
Take Bath	TAKE BATH							
Get Dressed	GET DRESSED							
	WASH HANDS						"	
Brush Hair	BRUSH HAIR							
	SNEEZE							
Go Potty	POTTY						,	
	CUT NAILS							
PRAYERS	PRAYERS							